



Lakewood

Church of God

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GUILT, GRIDLOCK AND GETTING FREE

John 16:8

DEFINING GUILT

- a. Guilt is the feeling of failure
- b. Guilt is a response to violating God's holiness

Psalm 51:3-4

BENEFITS OF GUILT

- a. Guilt is good when a principle has been violated.
- b. Guilt (like pain) is a warning that something is wrong.
- c. It can point to the need for forgiveness and change

Isaiah 57:20

HANDLING GUILT

- a. Thank God
- b. Be sorry
- c. Understand that the Holy Spirit is working
- d. Remember God's grace is available

Psalm 32:5